

THANK YOU: WHY YOU SHOULD BE MAKING A RAINBOW TO THANK THE NHS



FREYANNEWS[®]

Issue 1 | April 2020 | FreyaMakesNews.co.uk | £6

KEEPING KIDS BUSY WITH FUN & GAMES

AS CHILDREN ARE TOLD TO STAY AT HOME BY THE GOVERNMENT, HERE ARE SOME IDEAS ON HOW CHILDREN CAN STAY ENTERTAINED



by **FREYA BAGGOTT, AGED 9**
News reporter

I have been drawing rainbows with paint and pencils and putting them in the window for the NHS to see.

I like playing with my toys and teddies. I personally like writing a diary in my notebook at night.

Coronavirus has made me rather annoyed because I am a very energetic and sporty person.

My ideas for children to keep busy are:

- Drawing
- Painting
- Workouts
- Clay models
- Baking
- Planting

My favourite is clay modeling. I made a fish vase and a clay tulip.

I also did some gardening and I planted some:

- Parsley
- Rosemary
- Coriander

Sunflowers are good to grow because it is very easy to grow them because it is sunny at this time of the year.



CLAY MODELS:
HOW YOU CAN HAVE FUN AND MAKE THESE



My dad has got Zoom on his laptop so my friends Penny, Eloise, Dylan, Reuben, Florence and I will be having a disco on Zoom and Penny will be the host. Zoom is a good way to still be able to communicate with others during this crisis. I also do family chats on Zoom.

If you are a car lover then go check out my dad's Car Dealer Live on YouTube also known as James.

Here are some of my other ideas for keeping busy and how I like to do them.

Exercise can be great if you have a dog or puppy. And if you like cooking why not try my friend Liana's recipe it is called wrap pizza.

You will need:

- A wrap
- Tomato puree
- Cheese
- And toppings of your choice
- And pop it in the grill on low

I hope you like my ideas!

IMPORTANT MESSAGE TO ALL READERS: STAY HOME, STAY SAFE & PROTECT THE NHS